It is true that the average age of women giving birth to their first child is steadily increasing nowadays. Surely, there are some rational reasons behind this trend, and it will definitely have negative consequences for both parents and societies.

People postpone parenthood nowadays for a number of reasons. As more women have the opportunity to enter university and earn a certification, they are more likely to pursue their dreams and enter the workforce after graduation. When a country does not enable women to combine work and family well and has strong motherhood penalties, the trend undoubtedly is going to be deferring having children. Another reason for this phenomenon is the high cost of child-care, especially in big cities. As having a child means more expenses, young couples try to postpone parenthood until they are financially secure enough to be able to provide appropriate facilities for their children, such as babysitting, schooling, etc.

There is no doubt that the postponement of first births can bring important consequences for both families and the country as a whole. Firstly, With regard to families, as women’s fertility declines sharply when they are above 35 years old, they might need a doctor to increase their chances of conceiving. Moreover, they are more prone to miscarriage and premature birth. Secondly, it will have adverse impacts on governments as well. As couples decide to have children at later time, this means they will most likely have one child only and therefore, the nation’s population will decrease. As a result, in the future labor market will face shortage, because there are not enough work force for available jobs.

In conclusion, for a couple of reasons, the postponement of motherhood is becoming a trend, and it will definitely have adverse consequences for both parents and countries.