Some people prefer to focus on ambitious dreams while others think realistic goals are more important. Which do you prefer and why?

By and large, particularly in today's society, dreams and goals are of paramount importance in every human being's life. This is owing to the fact that goals can motivate people to go ahead in their lives and overcome the barriers they might face during their lifespan. The importance in this regard brings about some controversy as to whether one should focus on ambitious dreams or realistic goals. I personally believe devoting time and focus on realistic goals would be more beneficial. To support this, there are several reasons, two of which are going to be aptly explored in the following.

The first remarkable point to be mentioned is that focusing on ambitious dreams can have terrible consequences as the chance of defeating those situations is enormously high. This is owing to the fact that when fantasizing about ambitious dreams, people usually neglect the real obstacles and their actual abilities. Hence, the chance of not achieving those dreams increases dramatically, leading to severe depression in people who failed to make those dreams come true. Take me as an example; last year, I applied for a graduate program at Harvard University. Although I did not have the proper qualification for that high-level university, I just had an ambitious dream in my mind. Consequently, I was rejected; this made me devastated. So depressed was I that I couldn’t concentrate on my daily life, and my mood was down for about two months. Thus, focusing on ambitious dreams instead of realistic ones had a terrible effect on my personal and academic career.

Another worthwhile reason to be mentioned is that people can better recognize their strengths and weaknesses when focusing on realistic goals. One of the critical points in thinking about realistic goals is that one should thoroughly investigate their ability in order to achieve the goals successfully. This concern leads people to know their weaknesses better and try to fulfill them by taking courses or getting help. Another example of my personal experience would be beneficial in illustrating this point. A couple of years ago, I wanted to start a career as a business analyst. At first, I began to evaluate the situation and think about this position realistically. So I recognize my abilities well by making a list of my weaknesses and strengths and try to boost them by taking online classes from Coursera. Because of that kind of realistic mindset, I could get the job even sooner than I was expected, and I could recognize and enhance my abilities as well too.

To wrap it up, all the aforementioned arguments and examples lead us to an incontestable conclusion which asserts that the more people focus on their realistic goals, the more successful they are in their both personal and work lives because not only can they recognize their abilities better, but also they would not be upset after not achieving unrealistic and ambitious dreams. So this would be a great suggestion that people should put their effort fully into their realistic goals and evaluate the situation well in order to be successful in their life.

# of words = 514

Time = 34 min