**Do you agree or disagree? People gain more happiness from their jobs than their social life.**

Nowadays, people’s lives are getting more complex. This ever increasing complexity has changed the way people manage their lives. A new trade off has emerged. Should people focus their attention on their occupation or should they broaden and nurture their social circle, if their primary goal it to pursue happiness. I personally believe, in order to live a more joyous life, it makes perfect sense to focus our efforts on our jobs.

First of all, jobs are now the most integral part of a person’s life. They take up the majority of our waking hours. It reasonably follows that if you are happy in your workplace, you are happy for a great portion of your day or life. In contrast, although a person’s relationships can produce happiness for her, these good feelings take up a minor percentage of a person’s life. Therefore they account less for the person’s happiness. If a person is not enjoying her profession, she will always try to find ways to make her working hours pass, hence be able to enjoy the more interesting aspects of her life, but in doing so, she is wasting her life as well as her precious time, which can be used more productively and produce more satisfaction.

Secondly, focusing on your career and reaching a point of mastery and expertise might have a profound impact on your life. When a person becomes the master of her trade, she is able to devise elaborate plans or create novel things adeptly. This ability to create, which is not stimulated in social interactions, is what I believe, an essential ingredient to a meaningful life. When your skills are developed to the point that you can express yourself adroitly in your work, you are more equipped to mark your influence on the world around you. For example a person may have dedicated a great portion of her life on learning to compose her own music; she perceives her music as her meaning of life and can express herself the way she likes and maybe one day she can completely change our notion of music. All of these mentioned traits, contribute greatly to a person’s overall happiness. On the contrary, if she had invested more time on her social life rather than her profession, she would have felt less competency, and as a result, less happiness.

In conclusion, I am of the opinion that if seeking happiness is the person’s first and foremost desire, it is more rational to concentrate on her work rather than her social life, due to the fact that a great deal of a person’s life revolves around her job. Furthermore, one can derive more meaning from her job.