Do you agree or disagree that job has greater effect on your overall happiness than social life does?

Throughout history, all people make effort to have happier life. There are numerous factors which are involved in someone’s happiness. Some possess the conviction that social life has greater influence on one’s overall happiness than job does whereas others hold an alternative perspective. I personally contend that job is more effective on our happiness. In what follows, two elaborate reasons will vindicate my standpoint.

The first vital point regarding the issue is that people spend most of their time at work. Hence, it has profound effects on quality of their life and happiness. Not only does job contribute to feeling of happiness, but also it affects their social life due to the fact that most of the time people communicate with their coworkers. If someone does not have an appropriate job or is not interested in their job, they will become frustrated and even depressed. Take my personal experience as a compelling example. When I graduated from university, I started my career in factory. I had to work for 9 hours, and it was far from my home, so I spent 11 hours out of home. I had lots of conflicts with my boss and all of my coworkers were male. I did not have a good time at work, and when I arrived home I was exhausted and nerves. After 2 months, when I quitted that job, I felt immense relief and pleasure.

Another worthwhile reason to be mentioned is that one of the most significant factors of an apt job is satisfying salary or income. We cannot turn a blind eye on the fact that money is really pivotal for easing life. The more money people have, the easier they meet their demands and solve their problems. In other words, adequate money for comfortable life is directly related to happiness. For instance, when people have sufficient money through work, they would have more entertainments and facilities. Although lots of problems and difficulties cannot be solved by money, most of the social anomalies and concerns have roots in poverty.

In sum, long time during the day and salary or income of a job lead us to the conclusion that job has greater influence on one’s happiness that social life does. It is highly recommended that before choosing a permanent job, people do research in order to find out if the job is suitable for their needs and traits or not because it has a great impact on their overall happiness.

Words: 411

Time: 41 min