**Do you agree or disagree with the following statement?**

**Children should only play sports for fun, not in competitions or contests.**

Without a shadow of a doubt, people of various ages allocate noticeable time to different sports, so sports play a pivotal role in their life. An unanswered question in this area is whether it is better that kids play sports for fun or not. Despite the arguments asserting that children can gain useful experiences by playing sports in the contest, I believe otherwise, maintaining that kids should consider sports as amusement and have a pleasant time with their peers. In what follows, I will elaborate on my viewpoint.

First and foremost, the crux of the matter lies in the fact that children are obtaining more valuable lessons while participating in a sports game for joy instead of competition. In team sports such as football, all team members commit to being in harmony with each other so that kids can improve their social ability. Additionally, in friendly environments, children can better achieve playmate’s advice so that it probably be helpful in other situations. For example, they comfortably request their classmates to help in lessons. On the contrary, psychologists say that children often refuse advice when they in a competition occasion. Take a personal experience as an example; when I was approximately seven years old, I had an awful argument with my friend in a football match because I expressed that he must pass the ball. On the other hand, in individual games, children improve their skill by their rival’s amicable assist when the final purpose of playing is supposed to be taking pleasure from a sports match.

Another equally significant point to be mentioned is that kids are depressed by beating in a contest. Children assume such beating as a great disaster, for they are not mature enough. There is a psychological recommendation that the parents should not force their children to be always the winner in a competition or the best student in the class since it can be significantly harmful to their mental health when they lose in a match or get a bad mark in an exam. For example, they usually lose their self-confidence and become bashful people. Statistical studies show that about 70 percent of such mental damages do not cure for long periods. Consequently, the parents have to teach their children that they play sports just for fun and filling their spare time.

In brief, contemplating all the aforementioned reasons, one soon realizes that it is crucial to play sports just for fun. Consequently, it is highly recommended to conduct research to gain an insight into the correlation between playing sports and its mental effect and children’s personalities and skills.

Number of words: 434

Pre-writing time: 2 hour

Writing time: 45 minutes

Post-writing: 45 minutes