Are governments doing well in educating people to pay attention to the importance of the food nutrition and healthy eating?

The governments play a really key role in any aspects of people's life, one of which is their eating habit. Unfortunately, according to increase of the diseases around the world which are related to the people's eating habit, it seems that the governments do not play their role well; hence, they could not educate people to care about the healthiness and nutrient of the their food. In the following paragraphs, I illuminate my point of view in two reasons.

First remarkable reason which I would like to mention here is that since the healthy food is costly and the governments cannot provide cheap healthy food, for their benefits, they not only do not try to educate people to pay attention to the food nutrition and its health, but also they encourage people to eat food which are poor nutrition. As a result, if people do not have the awareness of their eating habit, they will not be against of the governments because of the high price of the healthy food. For example, some governments supply frozen meat and transformed agricultural products which are cheap; although, they are apparently fresh and healthy, they are intrinsically unhealthy and caused diseases. Therefore, it is not economical, nor logical for the governments to do well in educating people to be aware of their healthy eating.

Second reason which deserves some words here is that according to the people's eating habit which is mostly includes fast foods and the foods which are prepared out of the home and contributes to the early death in young people, we can conclude that the people are not educated well in the importance of the food nutrition and its healthiness; besides, the governments do not have any plan an program for this. Furthermore, it reveals that the people are educated to eat unhealthy food. For instance, actually, the governments provide no courses in schools and universities which are related to the healthiness of foods and furthermore they do nothing in TV programs for educating this habit and its awareness. Eventually, the governments do not care about people's healthiness of eating habit, moreover, it would rather that of unhealthy.

In conclusion, the result of people's eating habit which are the emergence of more diseases related to people's food, indicate that the governments are not doing well in their job of educating people to eat healthy food. Also the governments encourage people to have unhealthy eating habit for the high price of healthy food which we can figure out according to the lack of courses at schools and universities, and TV programs and any other propagation related to the nutrition food and healthy eating.

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