Recently a multitude of young married couples are deferring the decision of having children until older age. This essay will first consider the reasons behind this procrastination and then will discuss about its effects on families and society.

A major driving force behind this trend is accumulating sufficient amount of money to guarantee the children’s life in the future. Couples usually have more stable career and income at their 30s. Therefore, they are more capable of providing their offspring with better quality of life. An additional reason is couples have more time to know each other, collect life experience and enjoy spending time together before having a new family member. For example, they can easily travel around the world when they do not have any children.

However, this trend can have a number of negative impacts on both families and society. First, women should stay alert to the significant threats of delaying pregnancy. It is said that women’s fertility starts to decline by the age of 30, and it causes women to experience health problems. women over 35 are more likely to deliver autistic children than those at their 20s. Without a doubt, in a long run, the increase in the number of autistic children have adverse effects on future’s workforce. In addition, the age gap between two generations makes it difficult for parents to efficiently communicate with their children and understand them, especially in the teen years.

In short, people’s avoidance of having children at young ages is becoming common for some reasons, however, the cons of delaying childbirth overweight its pros.