We are living in an age in which education plays a significant role as far as children’s upbringing is concerned. Some people may hold the opinion that learning quality is extremely confined by competition for high grades, while others have a negative attitude toward it. I subscribe to the author’s view that there are a number of disadvantages in such a competition, two of which, in my opinion, are of great importance in comparison to others, which are elaborated upon hereunder.

First of all, in one hand, every single individual needs to have complete peace of mind in order to succeed in whatever he or she tries to do; on the other hand, every competition causes a sense of stress and concern about the future for the competitors. Education is no exception to these rules; were students under stress, they could not focus on learning and acquiring necessary skills and even attain high grades in their exams. Stress is even more dangerous at low levels of education – for example, in elementary and high schools – since the students have not many experiences in managing or combating different kinds of stress which would cause mental issues for them.

Additionally, it is crystal clear that, apart from peace of mind, students need to study and strive hard, but a competition causes an extra workload on students. Even if they could cope with the stress, they would have to dedicate themselves to their studying which would make them disregard their diet, health, and physical activity. I, personally, have witnessed a lot of students who did so and now they are facing quite a lot of physical problems such as digestive apparatus problems, atrophy, obesity, and short-sighted eyes.

However, at high levels of education, success in this competition might result in a better resume which would lead to a better job prospects in comparison to others in the future; hence, it could be an incentive for students to strive more and more in order to better themselves. This phenomenon is generally more prevalent in countries in which there are a few jobs in proportion to the number of graduated students, and also a high rate of unemployment which make it highly competitive to get a good job.

In conclusion, with all this taken into account, the advantages of competition for high grades basically do not, for me, outweigh its disadvantages on the grounds that it would be harmful for one’s mental and physical health to suffer from tension and different kinds of dietary and eyesight problems; nevertheless, a good resume might result from this competition if one could succeed. I believe that nothing outranks one’s health.