**In this progressive and sophisticated word, there are many types of competition which in people experience victory and failure. Many peoples like to participate in different competitions and racings, because they think can improve. Competition for grades in school or university is also one of these racings and contests. I believe that students take best grades and learn completely, when have a competition in the school or university, because can learn quickly and also encourage each other to learn better.**

**To begin, when students are in a competition, they can learn quickly. Competition makes people try to take high grades and causes people do not waist their time and their energy**. **My father’s experience is compelling evidence of this. Many years ago, when my father was a student, he had always done his best; however, he had failed one of his exams in 12. When I asked about the reasons, he told me there was only one reason which was lack of competition with his friend. Therefore, I found out a competition in school can be beneficial for improving yourself in my lessons, because students learn faster and they do not have any free time to learn another time.**

**Second, students encourage another by learning lessons. When students cannot learn anything in school and university, they look at another student and can encourage their self to learn lessons. Consequently, students learn faster what they need for their exams and do their projects. For example, consider two friends who they go to same university in same major. If one of them do not understand a subject and his friend has not any problem on it, he would try more to find out this special subject and follow his friend in lessons. On the other hand, consider a person who is first year student and do not know any students in his university. If he cannot follow primary lessons and subjects, he may leave first term and fail his exams.**

**However, it can be beneficial, when there is a healthy competition and contest. My aunt got a mental illness while she was in unhealthy competition, so it cannot always improve students. I think this competition can decrease quality in learning process if there were not certain conditions.**

**In conclusion, there are many beneficial aspects that people can experience from a competition in their school and university, like: learn faster and trying continuously for their goals. However, if the competition was unhealthy it harm students.**