1. **Do you agree or disagree?**

**Nowadays it is not important for people to have regular family meals together.**

Having appropriate behavior toward family has always been a controversial matter. One of the most recent discussion about this topic is whether it is still of importance for people to have regular meals with their families or not. While a majority of people express so many opposing explanations, I subscribe to the idea that these days people no longer feel the urge to have family meals so they don't take this habit seriously. In the following paragraphs, I will delve into the most vital reasons.

First and foremost, nowadays family members aren't able to gather at a certain place for family meals. To illustrate, in this modern era people work in distance places and if not impossible, there is barely a chance to get together for meal in time. For instance, my father works somewhere in north part of the city and I study in a university in east side of city. It's not feasible for us to gather for meal due to the long distance between us. Besides, I have to finish my meal quickly because I have extra class work to do, so there's no way I could attend family meals. I believe the problems that I mentioned are common in many families and as a result, family meals don't seem practical anymore.

Another noteworthy reason is that these days the youngster prefer to have their friends' company during meal time, rather than spending time with their families. In my own perspective, at this time the generation gap is much more notable than ever before and family members lose the enthusiasm to spend time together. The youth favor hanging out with friends or colleagues who are in a same age since they feel more comfortable and relaxed around them. They prefer to share their meal time with those people due to the point that they can make jokes or pranks that they aren't able to do in presence of their parents so they can have more fun, while they may find the family's company pretty boring. I think this reason is enough for many youngsters to avoid family meals.

In conclusion, I hold the idea that family meals lost their credit in recent years and they aren't that much of a serious matter anymore. Considering modern life styles, eating in a same location appears to be unlikely and in addition, people tend to share their meal time with friends rather than family members.

(38 min)