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| If people want to contribute to the society, which  of the following is the best way?  1. riding bicycle or walking on foot  2. recycling the waste  3. buying local organic food |

Humans have always been a social kind on this planet. As a part of society everyone has lots of duties to do and even lots of rights to receive. ones by doing their duties help society to reach peace and law-base. Among these absolute duties, there are plenty of voluntary works which people can do to both protect and enhance the quality of living in the society. I think if people want to contribute to society, it is better to ride a bike or walk on foot. In the following paragraphs i will illuminate my viewpoint for two compelling reasons.

The first vital point to bear in mind is that, if people do not use bicycle or walk on foot, how do they want to move in the city? Yes, they have to use cars to translocate. All of us know that cars use fossil fuels, and burning this kind of fuel emit a variety of toxic and harmful gases like carbon dioxide, nitroxide and sulphur based gases. We know carbon dioxide as a greenhouse gas and it makes the planet get warmer, also the nitroxides and sulphur-based gasses cause acidic rain. In addition, these kinds of gasses make cause air pollution that scientists prove that air pollution itself can cause lots of disease for humans.

Another worthwhile reason to be mention is that, in this machinery life, if people do not have sufficient body movement they are potent for heart attacks and other kinds of disease. Based on statistics from an international institute, the people who do not have sufficient body movement in special time are more in danger of heart and skeleton disease. Using bicycles and walking are good ways not only to contribute to society but also for doing some kind of exercise for having a healthier body. For example, people can use bicycles for doing house chores, or go to work in short distances.

To make a long story short, using a bicycle and walking on foot have great impacts on society. If people use these ways for transportation and reduce using cars also the birds can breathe in the sky and the city has clean and not polluted air which has great impact on every member of the society. In addition if people use bicycles and walk, the risk of disease will reduce incredibly and this makes a cheerful society and who lives there.

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