Throughout history we can see how sports have played an important role in every civilization. Sports have pivotal effects on each person owing to several reasons like improving the health of body and mind. The fact that one can learn how to do sports and participate in sports since childhood cannot be disguised, but there is a debate on whether children should play sports only as a hobby or for competitional purposes. I adhere to the view that sports are more important than to be just done for fun and in fact children should take them seriously. Also I believe that not all the kids should be forced to play sports for competitions and it should be optional. In what follows, I will elaborate on my vantage point with some reasons.

The first reason that should be put into consideration is that competition will nurture different capacities and will flourish cultivate their talents in the time of hardship. Competitions make children stronger and more independent in facing with life’s problem. Take my experience as a compelling example; when I was 10, I attended some swimming classes because of my disposition and I was doing good at it until I decided to participate in a tournament held in our school. That was then I realized that practicing in an ordinary order was not enough for me to win the race and after that I endeavored to prepare for the next competition with dedication and hard practice which was a big deal for a 10-year-old but it thought me a lot of things. I learned not to give up on my dreams by trying hard and also I became stronger as a child.

Another pivotal reason noteworthy of mentioning here is that playing sports just for mere fun is a kind of overlooking their significance. As I am concerned we are disregarding the effects of it in a children life by implying that sports are not like the other subjects thought in their school and is not worthy of time consumption, while in fact it should really be taken more seriously just like the other things. One recent research held in Iran, indicates that children attending schools’ sport teams, who were practicing for the competitions held in the country, mostly did better on their exams rather than the other kids. This implies the momentous impact of sports on the children’s other activities.

In conclusion, due to the aforementioned reasons, it is not prudent to ignore the importance of sports by considering them as an amusement for children. Moreover, the tendency of the children should be considered as well. By that I mean not all the students should be compelled to play sports for contests but only the talented students must be encouraged to do so. All in all, exercising will bring about not only mental and physical benefits, but also nurtures one’s performance in other activities.

Writing week 2

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